

After Surgery Instructions

- Take Tylenol for pain or discomfort.
- Wear the eye shield anytime you sleep for the first 24 hours.
- Wear the dark glasses or your regular eyeglasses when outside for 1 week.
- You are not restricted to bed rest, but limit activity. You may return to normal activities the day after surgery.
- You may restart artificial tears as needed the evening of surgery.
- Your current glasses are no longer the correct prescription. You may continue wearing them without the fear of harming the eye; however, you may not see clearly with them. If you had basic surgery, glasses are usually prescribed 2-3 weeks after the surgery.

DO NOT

- DO NOT drive for 24 hours after surgery. Then, drive only if seeing well enough to do so safely.
- DO NOT press on or rub the eye. You may gently dab around it.
- DO NOT use warm or cool compresses the evening of surgery. You may use them as needed the day after.
- DO NOT sit in a Jacuzzi or hot tub (baths are okay) or swim for 2 weeks.
- DO NOT use eye makeup or expose your eye to dusty areas for 1 week.

These Symptoms are NORMAL

- Blurred, smoky, cloudy, foggy or hazy vision. This may last for several days after surgery.
- Scratchy, burning and watery eye. Redness is normal the evening of surgery.
- Mild to moderate headache the evening of surgery when the anesthesia wears off.
- Feeling sleepy, drowsy, lightheaded, off balance and forgetful.
- You received an injection of medicine just under the clear tissue that covers the white part of the eye. It is visibly **white** and will absorb over the next 2 months. It's normal to have redness in this area for several days.

These Symptoms are NOT Normal

Contact our office at (931) 456-2728 or (800) 766-2728 if you notice any of these symptoms. After business hours, call our answering service at (931) 459-2398.

- Upset stomach, nausea or vomiting the evening of surgery.
- Severe pain or a deep ache in or around the eye that does not go away with Tylenol.
- Sudden decrease or loss of vision. Some blurred vision is normal.
- Sudden sensation of repeated flashing lights.
- Worsening redness.
- Shadow over your vision.